



Canadian Sport System – Key Organizations

Canadian Sport Centre (CSC)

The Canadian Sport Centres were created by Sport Canada, the Canadian Olympic Committee, and the Coaching Association of Canada along with local and provincial partners (for Calgary, these were: WinSport Canada, University of Calgary (Faculty of Kinesiology and the Olympic Oval) and the Alberta Sport Recreation, Parks and Wildlife Foundation). These Centres enhance the training environment for high performance athletes/coaches. They are seen as a major means of improving the quality, effectiveness and efficiency of delivering world leading services to Canadian athletes and coaches. The Centres complement National Sport Organizations' programming by delivering essential support services required by athletes and coaches alike in order to achieve top-level international results. The CSC Calgary was established in 1994 as the first multi-sport centre in Canada. The network of Canadian Sport Centres now extends to seven active centres spanning the country in Calgary, Manitoba, British Columbia, Ontario, Atlantic Canada, Montreal and Saskatchewan.

The Canadian Sport Centre Calgary (CSCC) athlete/coach programs and services include the following:

Performance Services encompasses five crucial areas of performance: Sport Science, Sport Medicine, Nutrition, Biomechanics and Sport Psychology. A multi-disciplinary team of experts from all five performance areas, referred to, individually as Service Providers (SP) and collectively as an Integrated Support Team (IST). They work collaboratively with designated training groups to achieve the athletes' full performance potential.

Life Services encompasses programs and services that meet the holistic needs of athletes and coaches such as: Athlete Resource Centre, Career Transition, Public Speaking, Media Relations, Self-Marketing, Drugs Supplements Workshops. Other programs include Yoga, Fuel for Gold (athlete lunch program), access to product (Cold-FX, Centrum Vitamins, Advil, Chapstick) and counselling for academic, athletic or personal issues.

Coaching Services includes all aspects of coach education and development. The National Coaching Institute (NCI) offers qualified coaches a unique opportunity to learn from a variety of experts in the fields of coaching, sport science, leadership, business, and technology as well as share experiences, strategies, and challenges with fellow coaches. An NCI Diploma in High Performance Coaching may lead to NCCP Level 4 certification with the approval of the candidate's National Sport Organization.

Business Services are the infrastructure and support areas for the CSCC including administration, marketing, communications and fund development.

WinSport Canada

WinSport is Canada's largest private funder of Olympic winter sport.

WinSport is currently creating the Canadian Winter Sport Institute (CWSI), a comprehensive training facility where athletes/coaches can access world-leading human and technical resources and training facilities. They also own and operate Canada Olympic Park where many national team athlete members from Bobsleigh, Luge, Skeleton, Snowboard, Ski Jumping, Nordic Combined and Freestyle Skiing train.

WinSport established, in partnership with the Calgary Board of Education, the National Sport School to provide high performance athletes an opportunity to pursue excellence in their academic and athletic careers. They also built, own and operate the Bill Warren Training Centre at the Canmore Nordic Centre where national Cross-Country Ski and Biathlon team members train, and the Bob Niven Training Centre at the Canada Olympic Park. WinSport is also responsible for the Farnham Glacier and Haig Glacier, two summer training sites for winter athletes.

Sport Canada (a branch within the Department of Canadian Heritage)

In order to enhance the capacity of the Canadian sport system, encourage participation in sport and enable Canadians with talent and dedication to achieve excellence in international sport, Sport Canada provides financial support through the following three programs:

Sport Support Program assists various sport organizations that target the delivery of programs and services to pursue sport objectives shared with the federal government.

Hosting Program targets assistance to sport organizations to host sport events in Canada. It is aimed at enhancing high performance sport development and the profile of sport organizations.

Athlete Assistance Program (AAP) provides monthly stipends ("carding") to international-caliber athletes for their training and competition needs through the provision of a living and training allowance and, where applicable, tuition expenses.

Recommendations on funding priorities are provided by *Own the Podium*.

Canadian Olympic Committee (COC)

The COC is responsible for all aspects of Canada's involvement in the Olympic movement including:

Canada's participation in the Olympic and Pan American Games; managing a wide variety of cultural and educational programs promoting Olympic values in Canada; grass-roots programs where communities develop and promote the Olympic values at all levels; selecting and supporting Canadian cities in bids to host Olympic, Olympic Winter and Pan American Games.

COC funds go to *Own the Podium* and numerous sponsored scholarships and awards they distribute to national athletes and coaches.

Canadian Paralympic Committee (CPC)

CPC delivers programs that strengthen the Paralympic Movement in Canada including sending Canadian teams to the Paralympic Games. The Paralympic Movement encompasses developing sport and sport related opportunities for people with physical disabilities so that they can fulfill their personal potential and more actively participate in their community.

As a funding partner of *Own the Podium* programs, CPC continues to play a leadership role in successfully advocating for the equitable distribution of new excellence resources to Paralympic sports.

Own the Podium (OTP)

OTP is a partnership involving the major national funding partners for high performance sport in Canada: Sport Canada, the COC, the CPC, and VANOC. OTP's role, as an advisory body, is to make funding recommendations to the national funding partners based on expert analysis and help National Sport Organizations implement their technical programs. They also monitor National Sport Organizations' implementation of their high performance programs to ensure maximum performance results.

OTP oversees both summer and winter sport initiatives. These initiatives enhance funding that is distributed based on medal potential and need. Sport technical reviews of each National Sport Organization are conducted in order to determine medal potential and funding requirements.

Canadian Centre for Ethics in Sport (CCES)

The mission of the Canadian Centre for Ethics in Sport is to foster ethical sport for all Canadians. The CCES administers Canada's domestic anti-doping program, while at the same time exercising international leadership in advancing a doping-free, fair and ethical environment for sport worldwide. The CCES system specifies: how the doping control process is carried out; training requirements for sample collection personnel (including re-certification of Doping Control Officers every two years); how doping control test results are managed.

The ultimate objective is to protect athletes' rights to compete in a fair and doping-free sport environment.

Coaching Association of Canada (CAC)

The Coaching Association of Canada strives to improve the effectiveness of coaching across all levels of the sport system through the National Coaching Certification Program (NCCP). The NCCP is a coach training and certification program for 65 different sports and is offered across Canada. NCCP workshops are designed to meet the needs of all types of coaches, from the first-time coach to the head coach of a national team. The NCCP is the recognized national standard for coach training and certification in Canada. As part of the program, all coaches are trained in ethical decision making and sport safety.

Alberta Sport, Recreation, Parks & Wildlife Foundation (ASRPWF)

The ASRPWF operates under the Tourism, Parks and Recreation Ministry of the Alberta government. To enhance the quality of life in Alberta, the ASRPWF provides financial support to eligible sport and recreation organizations through the following:

Coach and Official Development Initiatives, which provides opportunities to further coaching development in Alberta.

Development Initiatives Program, which provides support to Provincial Sport Organizations and Albertans working in the areas of sport, recreation, parks and wildlife for project and program related endeavors.

Hosting Program, which encourages the development of youth in sport, recreation, parks and wildlife and promotes economic growth in Alberta.

Sport Participation Initiative Program, which provides supports for the development and operation of programs designed to enhance participation in sport for under-represented groups.

Alberta Sport Development Centres (ASDC)

The Alberta Sport, Recreation, Parks and Wildlife Foundation has established a network of Alberta Sport Development Centres across the province (Medicine Hat, Lethbridge, Red Deer, Grande Prairie, Fort McMurray, Edmonton and Calgary). The main purpose of these Centres is to enhance and coordinate services available to Alberta's emerging athletes and coaches. These regional centres provide services to athletes and coaches residing in a defined geographical region allowing athletes to develop and train at a high level without leaving home. Some examples of services that can be offered include testing of athletes, sport medicine, strength and conditioning, sport nutrition, sport psychology, NCCP courses and scholarship opportunities, parent workshops, and school programs.

National Sport Organizations/Federations (NSO/NSF)

A National Sport Organization, sometimes referred to as a National Sport Federation, is the national governing body for a given sport in Canada. NSO members are the Provincial Sport Organizations and high performance athletes in that sport.

Each NSO must manage their high performance program. This program revolves around the National Teams and includes all aspects of management, coaching, hiring, team selection and can include: hiring coaching staff; supervising and monitoring activities of high performance program staff; selecting athletes to the National Team(s); selecting athletes for multi-sport games; negotiating with other sport organizations for support; nominating athletes then negotiating with Sport Canada for Athlete Assistance Program funding; communicating with other national and multi-sport organizations on issues relating to their athletes (such as provision of team lists to Canadian Sport Centres); dealing with any athlete appeals regarding selection; carding or other sport specific issues; the purchase and provision of insurance coverage for its high performance athletes and coaching staff.

Provincial Sport Organizations (PSO)

Provincial Sport Organizations are responsible for the regulation of all areas and levels of their sport's participation within the province and for the governance of the province-wide development of the sport. A PSO is the provincial voice on behalf of its members and is responsible for the development and advancement of this sport.

The PSO is usually the link between clubs (or other local sport organizations) and the National Sport Organization and ensures the safe and progressive development of the sport within the province.

Vancouver Organizing Committee (VANOC)

The Vancouver Organizing Committee for the 2010 Olympic and Paralympic Winter Games' mandate is to support and promote the development of sport in Canada by planning, organizing, financing and staging the 2010 Olympic and Paralympic Winter Games. VANOC will dissolve six months after the Games.

Glossary of Terms – Acronyms

AAP – Athlete Assistance Program ("carding")

ARC – Athlete Resource Centre

ASDC – Alberta Sport Development Centre

ASRPWF – Alberta Sport, Recreation, Parks and Wildlife Foundation

BWTC – Bill Warren Training Centre

BNTC – Bob Niven Training Centre

CAC – Coaching Association of Canada

CCES – Canadian Centre for Ethics in Sport

COC – Canadian Olympic Committee

COP – Canada Olympic Park

CPC – Canadian Paralympic Committee

CSC – Canadian Sport Centre

CSCC – Canadian Sport Centre Calgary

CWSI – Canadian Winter Sport Institute

HPL – Human Performance Lab

IST – Integrated Support Team

LTAD – Long Term Athlete Development

MC – Master Coach

MSO – Multi-Sport Organization

NCCP – National Coaching Certification Program

NCI – National Coaching Institute

NSO – National Sport Organization

NSS – National Sport School

OTP – Own the Podium

PSO – Provincial Sport Organization

SP – Service Provider

U of C – University of Calgary

VANOC – Vancouver Organizing Committee for 2010 Winter Olympic and Paralympic Games

YTP – Yearly Training Plan